

**NORTHERN RURAL DEVELOPMENT SUPPORT SERVICE
(N O R D E S S)**

**POST OFFICE BOX 491
BOLGATANGA
GHANA**

25TH MAY, 2001

Dr. C. M. H. Hageraats,
Westeinde 18, 1606 CZ Venhuizen,
The Netherlands.
Email – c.hageraats@kpare.nl

Dear Dr. Hageraats,

KPARE DEVELOPMENT PROJECT

We wish to acknowledge receipt of your letter on the above project after our discussions in Wa. However, before the arrival of your letter we have been to Jirapa and Kpare to gather and collect further information and data on the project. We are therefore sending you a project proposal based on the information gathered. We can either add or subtract some information to enable the project go through.

Our NGO is doing everything possible to see to it that this project see the day of light. Mr. S. Soyiri who is the Administrative Manager of this NGO is leaving no unturned to see to it that the project aims and objectives are met.

We send you are best felicitations and best wishes in your work.

Sincerely yours,

CALLISTUS D. TANG
(PROJECT CO-ORDINATOR)

PROGRAMME TITLE

Small Holder rehabilitation and Human Settlement in Kpare in the Jirapa Lambusie District of Ghana.

COMPONENT TITLE

Re establish up to one hundred farm families in Kpare in simple agriculture, hygienic living, good feeding practices and income generating activities in a sustainable manner.

COLLABORATING AGENCY

- Kpare Development Committee
- Jirapa District Assembly
- (Nordess) Northern Rural Development Support Services.
- Agric Extension Services
- Dr. C. M. H Hageraats – Adviser.

PROJECT DURATION

Five Years

CONTACT PERSONS

1. Chairman Kpare Development Committee, P. O. BOX 6, Kpare Jirapa, Ghana
2. Naa Baloreh – Zumoh Baligi III, P. O. BOX 6, Kpare via Jirapa. Or P. O. BOX 463, Bolgatanga Upper East Region, Ghana. Tel: 072-23245 or Res: 072-24018.
3. S. Soyiri ,P. O. BOX 491, Bolga, U. E. R. Tel. 072-23939, Ghana.
4. S. Amadu ,P. O. BOX 95, Wa, U. W. R., Ghana Tel. 0756-22574
5. Dr. C. M. H. Hageraats, Westeinde 18, 1606 CZ Venhuizen, the Netherlands.
Email – c. hageraats @ kpare.nl.

SCOPE OF INVOLVEMENT

Kpare is a Savana land about 40 KM. North East of Jirapa town. Jirapa is the District headquarters. The land is not very densely populated yet, it is unable to give the people all their food needs. This is because of poor rains and lack of knowledge of how to make use of the little water gathered for use particularly in the dry season. The people look famished. Most of the time, they are seen going to the health centres for drugs to treat themselves. Unfortunately the cure is not in drugs. The cure is in the ability to produce food, take the required nutrients daily, and also to maintain the youth to do dry season farming. The eating of leafy-vegetables, fruits and protein foods will improve their health. This will keep the doctors away. The cure is in the ability to know what to eat and at what time to take a balanced diet. What makes a balanced diet can be grown in Kpare. What to eat can be grown or found in the wild state in Kpare. The people only need to be taught and guided to make use of nature's gift of food items.

Education is the key word. But unfortunately the few, who go to school, look for greener pastures in cities, leaving the aged, the children and women in the village. The type of education this time should be education for a livelihood. Education that would teach them how to make good use of their environment for healthy living.

To start with, poverty has come to stay in the village so it will be difficult to ask the people to buy or contribute money for any group activity.

- They will need a water source (a dam) for irrigation
- They will need to know good farming and gardening practices to produce the needed food.
- They will need to know which foods to eat and at what time to give them the balanced diet that is very essential to keep diseases away.

It is true that people without money considers themselves poor and useless. This project intends to reverse this notion. The project will include income-generating activities. Take Bee keeping, Craft Production, improved farming techniques and others to make it possible for the people to make a start and sustain the project after the five year period. The people will be taught how to do simple bookkeeping and banking to sustain the project. The project also intends to look into their housing which is a main source of their illness. The local architecture is good only that the people are moving away from it and adopting the use of expensive iron sheets, which only a few can afford. The use of the expensive iron sheets comes with colds and cold related diseases. The project intends to educate the people to improve their housing by using the same old materials and include

- a. solar highting where possible
- b. good ventilation
- c. Sanitation in and around the houses and K. V. I. P. toilets.
- d. Separation of human quarters from animals and birds because these days slave raiders are no more there to invade and take their animals away.

The points raised here are just but a few that can improve the whole lot of life in Kpare and the seven near by villages with a population of about two million people.

The problem of Kpare is to re educate the prople to improve their health by improving their farming techniques, dieting system and taking on income generating activities to sustain what

ever project they are undertaking, For example the West African bees are common here. A single Beehive can produce as many as 42 gallons of honey a year with very little inputs. The returns will give over two million cedis a year per hive. The profit margin of two million cedis can mean a lot to the villager. This and other income generating activities when well directed can improve the poverty level in Kpare. The project will be directed by Nordess: Nordess works for the interest of the rural poor, the youth, women and the deprived in society, Nordess is already in the Jirapa District and can take care of the Kpare area with ease. Nordess shall organise the Kpare people in:

- A. income generating activities
- B. improved agricultural activities
- C. improved traditional building construction
- D. improved health protection and healthy living
- E. Get the community to work to sustain the project by passing on the knowledge acquired to the younger generation.

NORDESS RESOURCE PERSONS

KPARE PROJECT

1. CALLISTUS TANG

Diploma in Journalism, Professional Teacher, Administrator and Animator, Co-ordinator of Project. Over 10 years Experience.

2.S. SOYIRI

B.A. (HONS) Fine Art, Post Graduate Diploma in Education, (UST) Professional Teacher, Specialist Art and Craft Education (Winneba College) Specialist in income generating activities and culture. Over 25 years experience.

3. DR. C. M. H. HAGERAATS

Former Medical Officer in Jirapa, Nandom and Tachiman Catholic Hospitals. Specialists in P.H.C., C. B. R., Village adviser for health related matters. Over 25 years experience.

4. MRS J. J. SOYIRI

B.Sc. Home Economics (Detroit Michigan) Post Graduate Diploma in Education (Cape Coast)
Professional Teacher, Member of the Home Science Association of Ghana. Over 20 years
experience.

5. MISS ROSE CONSOLATA DIEYIRIMA S.

B.Sc. Agriculture (Cape Coast) Certificate in Agriculture (Kwadaso Kumasi). Over 10 years
experience.

6. MISS SEVERA LEOTINA S.

Certificate in Agriculture - Forestry college (Sunyani) Technical Officer. Over 5 years
experience.

7. IRENEUS N. SOYIRI

B. Sc. food Science (Legon) Masters Programme-food Science (Legon) Assistant Lecturer in
Food Science Legon 1998 School year. Over 5 years experience.

8. FOSTUS DASAA

B. Sc. Management and Secretaryship –DBS, University of Winneba, Kumasi Campus.
Professional Teacher. Administrator, animator and Translator. Over 15 years experience.

9. We have an additional list of resource persons and collaborating departments.

OBJECTIVES OF THE INTERVENTION

The general objective is to contribute to the education of the people on healthy living, income
generating activities and good agricultural practices.

SPECIFIC OBJECTIVES

By the end of the five years period, over one hundred farm families or more in Kpare and the near
by villages would be introduced to healthy living through good agricultural practices, good eating

habits, income generating activities and the passing on of knowledge to the younger generation.

RATIONAL FOR THE INTERVENTION

- increase food production, good health and improved family income,
- Establish one hundred farm family groups in Kpare, to educate the youth on healthy living and food production.
- Establish bee keeping in Kpare
- Establish improved farming groups
- Establish dry season farming groups
- Establish the groups to work towards good health without the use of the clinics and tablets.
- Establish income generating activities
- Establish the improvement on traditional buildings
- Establish the maintenance of water bodies and the prevention of bush fires.
- Nordess to work as the collaborating body

DESCRIPTION OF EXPECTED RESULTS

Animation and establishment of the groups to be done by Nordess.

TRAINING

- One hundred farm families would be trained and introduced to the project activities
- Course participants would be fed during the training
- Courses on dry season gardening
- Courses on traditional building and their proper use
- Courses on Bee farming
- Courses on Craft, weaving, tie and dye and pottery
- Courses on healthy living
- Courses on simple book keeping and sustainability of project, thus making the project their own baby.

RESOURCE PERSONS

Resource persons would be brought in from Nordess, MOFA, and the Ministry of Health Nutrition Division.

PROGRESS OF WORK

It is expected that by year five more than one hundred farm families would have been trained and introduced to the project's aims and objectives, many healthy people would be seen going about their daily activities in Kpare.

FOLLOW UP / WORKING VISITS

Nordess staff and hired MOFA and Ministry of Health and Nutrition Staff would do the working visits. The working visits will serve as a revision lesson and an addition of more areas of learning left out in the main course

MONITORING AND EVALUATION

As this is an important part of the project, we shall involve the Chief and his people, Nordess, the Donors and Resource Persons. We shall from day one take records of all activities done, analyse them, take corrective measures and store all data collected. All these records would finally be collated, analysed, and compared to the objectives of the project. In some cases we shall need modification, considering our resources and support from the people and donors. The answer to the evaluation shall be seen in the physical appearance of the people and their willingness for the sustenance of the project.

CRAFT

An amount of (¢50,000.000.00) fifty million cedis is sourced for training in textiles and reed crafts which is in high demand in the country and for export. After training the amount that goes into material would serve as a revolving fund to sustain the project.

IMPROVEMENT ON TRADITIONAL HOUSING

Traditional buildings have some qualities that make them very suitable, only that they need modifications like allowing windows to serve for good ventilation to keep away (C. S. M) Meningitis and other diseases that do well in heat. Personal hygiene and the use of good local material for building would be encouraged. The people would be discouraged from using expensive roofing material. Improved designs and local materials would be encouraged. Living quarters for man and animals shall be separated to avoid the transmission of animal diseases to man.

An amount of three hundred million cedis (300,000,000.00) is sourced to train the one hundred farm families to rebuild the Kpare Naas house (Chiefs Palace) which is a common place for all the people.

A Social centre which shall have meeting halls, a crèche and play grounds for children, rest rooms for visitors on official business, store rooms for village farm inputs and other materials and a part will serve as a temporary clinic.

QUARTERLY REPORT AND EVALUATION

An amount of (¢50.000.000.00) fifty million cedis is sourced to enable Nordess to organise and present (15) fifteen quarterly reports as seen and given by the people of Kpare, and the resource persons working on the project. For evaluation, all records presented would be analysed and checked against our resources and efforts put in by the people of Kpare and a course re-chartered to enable the project to be sustainable. This amount will cover transport, per diem and stationery for the five-year period for resource persons and others on the project.

TRAINING

Five training courses would be given in each of the five areas. (Bee Keeping, Craft Production, Healthy living, Traditional Housing and Agriculture) the target for this includes working for sustainability of the project and keeping the people healthy as they would be introduced to healthy living.

AGRICULTURE FARMING

An amount of (¢50.000.000.00) fifty million cedis is sourced for training in simple farming method, good eating habits, dry season farming and more coaching on the consumption of leafy vegetables, proteins and fruits which will be grown locally.

CRAFTS

An amount of one hundred million cedis is sourced for training and acquiring materials. The profits got will be pushed into a revolving fund while Villagers would keep the cost of the products for their own up keep.

BEE KEEPING

An amount of one hundred and sixty million cedis (160,000,000.00) is sourced for acquiring a hundred hives, tools, and equipment for bee farming.

An amount of fifty million cedis is sourced as revolving fund for more hives, tools and equipment for new farm families. Old farm families who need more items should do so from their profits

AGRICULTURE INPUTS AND SEED

An amount of (¢50.000.000.00) fifty million cedis is sourced for good seed and other agric inputs, which would be distributed to farm families for use for the period of training and introduction to the project. Later, farmers would use their profits to buy imputs and seed as the project is sustained.

TRANSPORT

For the day to day operations, the co-ordinator shall need the services of a motorcycle. An amount of (40,000.000.00) Forty Million Cedis is sourced for a motorcycle, fuel and maintenance.

BUDGET SUMMARY

A total sum of (¢935,000.000.00) nine hundred and thirty five million cedis is sourced to establish and sustain the project for a five-year period.

1. Craft training - (Reed &Textiles)	¢ 50.000.000.00
2. Training in Bee farming 100 hives, tools and equipment	¢ 160.000.000.00
3. Training, construction and maintenance of traditional buildings	¢ 300.000.000.00
4. Quarterly reports for five years	¢ 50,000.000.00
5. Training and practice in good farming methods	¢ 50,000.000.00
6. Training and Acquiring of craft materials	¢ 100.000.000.00
7. Revolving fund for hives, tools and equipment for additional farm families.	¢ 50,000.000.00
8. Agric inputs and Seed	¢ 50,000.000.00
9. Transport - Motorcycle fuel and Maintenance	¢ 40,000.000.00
10. 10% contingency	¢ 85,000.000.00
	<u>935,000.000.00</u>

This estimate does not include contributions in kind and labour by the people and NORDESS.

Exchange Rate as at May 17, 2001

DENOMINATION	BUYING	SELLING
US Dolar (\$)	7,017	7,227
Pound Sterling	10,025	10,333
Doutsche (DM)	3,159	3,225
French Franc (ff)	942	970
Japanese Yen (yen)	57,00	58,00
Dutch Guilder (DG)	2804	2889
Italian Lira	3.20	3.45
Euro	6185	6368

PROGRAMME SCHEDULE

ACTIVITY	2001	2002	2003	2004
	J F M A M J J A S O N D	J F M A M J J A S O N D	J F M A M J J A S O N D	J F M A M J J O S O N D
1. Proposal writing	* * * *			
2. Proposal sent to Donor	* * * * * * * *			
3. Proposal approved and funded		* * * * * * * * * *		
4. Animate and organise 100 farm families				
5. Procure equipment craft materials seed, hives, and tools.		* * * *		
6. Training in crafts		* * * * *		
7. Training in bee farming				* * * * * *
8. Training in gardening			* * *	
9. Training in general farming		* * *		* * *
10. Training in traditional building construction, design maintenance		* *	* * *	* * * * * *
11. Building chief palace			* * * * *	
12. Building community centre		* * * *	* * * * *	* * * * *
13. Working visits			* * * * * *	* * *
14. Excursions to some agric and craftsights		* * * * *		
15. Reports		* * *		
16. Evaluation and monitoring			* * * * * * * * * *	* * * * * * * * *

PROJECT SUMMARY

OBJECTIVES	INDICATORS	MEANS OF VERIFICATION	ASSUMPTIONS
The main objective s to contribute to the education of the people in healthy living, income generating activities and good agricultural practices in Kpare	Over one hundred farm families would be introduced to healthy living, good agricultural practices and income generating activities	<ul style="list-style-type: none"> • Project document • Reports and accounts statement • Increase in good farming practices • Improvement in local housing • Decrease in health problems • Increase in craft production • Increase in general income. 	<ul style="list-style-type: none"> • That the project is approved and funded • That Govt. legislation remains favourable to NGO activities • That the chief and the people remain interested in the project
To increase the access of 100 farm families to good farming practise	Over 100 farm families trained in good farming practices – in the use of water and gardening good seed, imputs like farm yard manure and storage of food and grains	<ul style="list-style-type: none"> • Method of farming improved • Decrease in number of people looking for food • Sale and export of extra food items to other areas • More healthy people seen in Kpare 	<ul style="list-style-type: none"> • That the people take the project serious • That the people apply knowledge acquired
To increase the access f 100 farm families in Bee Keeping and income generating activities.	Over 100 farm families introduced to Bee farming and income generating activities	<ul style="list-style-type: none"> • Several gallons of honey and honey products always on sale • Large quantities of crafts on sale 	<ul style="list-style-type: none"> • That the people consider the project as their number one priority

		<ul style="list-style-type: none"> • Improved living standards • Less people on hospital list as a result of healthy living 	
Increase the access of 100 farm families to improved local housing and healthy living	<ul style="list-style-type: none"> • Over 100 farm families would be seen healthier than before • Housing design would have improved • Less cases of C. S. M. diseases 	<ul style="list-style-type: none"> • Hospital records would show less attendance • More healthy people seen in the area • More work done by the healthy people 	That the farm families are seen to take the project serious
Carry out monitoring and Evaluation	<ul style="list-style-type: none"> • Over 100 farm families would be able to tell the extent of improvement on health, agriculture and income generation activities 	<ul style="list-style-type: none"> • Check from project records • Check from hospital records • Farming system improved • More orders for handicrafts 	That the people, resource persons and Nordess keep and analyse their records to show progress of work.
Increase the access of 100 farm families to learn and transfer knowledge to others to sustain the project	<ul style="list-style-type: none"> • 100 farm families attend training courses • 100 farm families put to use in a practical way what they have learnt 	<ul style="list-style-type: none"> • see training records • see sample works by farm families • see the rate of imitation of the project by children 	That all parties take everything they do serious

**SMALL HOLDER REHABILITATION
AND HUMAN
SETTLEMENT IN KPARE
IN THE JIRAPA LANBUSSIE DISTRICT OF
GHANA**

MAY 2001

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